



PROJECT
NATIONAL
INTERSCHOLASTIC
CYCLING ASSOCIATION

2023 EMERGENCY ACTION PLAN (EAP)

Location / Park Name	Canaan Valley State Park
Date of EAP	
Emergency Responder Contacts	911 for Medical / Police Don McFarland-Supt, 304-940-2892 c Cassidy Norman-Asst Supt 304-698-9816c
Communication Methods Required	cell phone coverage on property
Closest Hospitals equipped to manage acute trama and time to trailheads.	Davis Medical Center - Elkins 42 minutes
Estimated Evacuation time from least accessible location on trail or access point.	15 minutes
Time to definitive care and first aid required to NICA activities on trails.	57 minutes
Access Points for emergency Access or transport (on map also)	see attached map
Water refill and Shelter locations (on map also)	Water Refill - venue area & lodge Shelter locations-venue, lodge
Other park specific info	n/a
Heavy Rain Threshold	Event's decision
Maximum time to evacuate the trail due to weather (Code yellow or orange)	15 minutes
Creek/Rivers or Dry Creek bed prone to Flooding/Flash flood	n/a
Trails that are exposed or ridge lines or mountain tops that would need to be avoided if caught in a thunderstorm	Parts of race loop and multiple open trails within park to avoid during storms
Shelters available onsite (appropriate for lightning)	none - lodge or vehicles only
Trails to be avoided by some or all ride groups either for technical reasons or stay within 1 hr of definitive care	n/a

IMPORTANT -NEW INFO AED, NARCAN AND LIFEVAC (choking) available at MEDICAL TENT